

I. OFT REFRESHED ME II Timothy 1:16

A. Are you refreshing? Philemon 1:7,20 “Some people are a blessing when they come into the room and others when they leave the room.”

1. Are you a cup of cold water or a bucket of cold water? Proverbs 25:11-13,25

a) Don't be an Eeyore! “That won't work!” “Can't happen here!” “Not the way we have always done it!” Habakkuk 3:17-18

Although the fig tree shall not blossom, neither shall fruit be in the vines; the labour of the olive shall fail, and the fields shall yield no meat; the flock shall be cut off from the fold, and there shall be no herd in the stalls: Yet I will rejoice in the LORD, I will joy in the God of my salvation.

(1) Resolve to rejoice Philippians 4:2-4

(2) Count it all joy James 1:2 My brethren, count (lead) it all joy when ye fall into divers temptations.

b) Empathy Romans 12:15 Rejoice with them that do rejoice, and weep with them that weep.

2. Do you share good news? Proverbs 25:25 As cold waters to a thirsty soul, so is good news from a far country.

a) The joy of bringing someone to Christ I Thessalonians 2:19-20 For what is our hope, or joy, or crown of rejoicing? Are not even ye in the presence of our Lord Jesus Christ at his coming? For ye are our glory and joy. Romans 1:16 For I am not ashamed of the gospel (good news) of Christ: for it is the power of God unto salvation to every one that believeth; to the Jew first, and also to the Greek.

b) Make it REAL! Mark 9:41 For whosoever shall give you a cup of water to drink in my name, because ye belong to Christ, verily I say unto you, he shall not lose his reward.

B. Be refreshed Acts 27:3 And the next day we touched at Sidon. And Julius courteously entreated Paul, and gave him liberty to go unto his friends to refresh himself.

1. Sometimes you need rest Mark 6:31 And he said unto them, Come ye yourselves apart into a desert place, and rest a while: for there were many coming and going, and they had no leisure so much as to eat.

2. Go unto your friends Hebrews 10:23-25

II. SEEK THEM OUT II Timothy 1:17

A. Glad that God sought me Luke 19:10 For the Son of man is come to seek and to save that which was lost.

1. Seek Him Jeremiah 29:13-14 And ye shall seek me, and find me, when ye shall search for me with all your heart. And I will be found of you, saith the LORD...

2. The mind of Christ Philippians 2:1-5

B. Persecute hospitality Romans 12:13 Distributing to the necessity of saints; given to hospitality.

1. Seek their good Psalm 122:1,9 I was glad when they said unto me, Let us go into the house of the LORD... Because of the house of the LORD our God I will seek thy good. **Seek = Seek to find, require, demand**

2. You can do better I Thessalonians 4:9-10 But as touching brotherly love ye need not that I write unto you: for ye yourselves are taught of God to love one another. And indeed ye do it toward all the brethren which are in all Macedonia: but we beseech you, brethren, that ye increase more and more.

C. Don't turn away II Timothy 1:15, 4:9-15

III. BE A MINISTER TO THE MINISTERS I Timothy 1:18, Hebrews 6:10 For God is not unrighteous to forget your work and labour of love, which ye have shewed toward his

name, in that ye have ministered to the saints, and do minister.

A. Necessary Titus 3:13-14 Bring Zenas the lawyer and Apollos on their journey diligently, that nothing be wanting unto them. And let ours also learn to maintain good works for necessary uses, that they be not unfruitful. III John 1:6 Which have borne witness of thy charity before the church: whom if thou bring forward on their journey after a godly sort, thou shalt do well.

B. Through prayer Ephesians 6:19-21

C. House of Onesiphorus II Timothy 1:16 Teach your children to respect and be a blessing to spiritual leaders!

1. Give specific ways that we can be refreshing to others.
 2. How can you be better aware of the needs of others and to seek out ways to be a blessing?
 3. How can you minister to those who minister to you?
- Bonus: What are some ways you can teach your children to be a blessing to their spiritual leaders?